

Apprenticing Jesus || A Series Through the Gospel of Luke

Know Yourself(ie)

Sermon Synopsis: Followers of Jesus grow in empathy and self-awareness
Themes: self-awareness, emotional health **Metaphors:**

Luke 6:37-42 (ESV)

Judge not, and you will not be judged; condemn not, and you will not be condemned; forgive, and you will be forgiven; give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you. He also told them a parable: "Can a blind man lead a blind man? Will they not both fall into a pit? A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher. Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? How can you say to your brother, 'Brother, let me take out the speck that is in your eye,' when you yourself do not see the log that is in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take out the speck that is in your brother's eye.

The measure you use it will be measured back to you (38)

"see clearly" (42d)

"Hypocrite" (42c)

"blind" (39)

First take the log out of your own eye,
then you will see clearly to take out the
speck that is in your brother's eye (42b)

1. Seeing clearly begins with knowing ourselves
2. Our primary concern should be our own blind spots
3. What we see in others will seem like a "speck" to us