

Apprenticing Jesus || A Series Through the Gospel of Luke

You Are What You Speak or Habits of the Heart

Sermon Synopsis: Our Christianity is measured by our character—what our habits, behaviors, and decisions are in the moments when we simply act naturally.

Themes: habits, character

Metaphors: palm trees, avocados, fruit, workouts

Luke 6:43-45 (ESV)

For no good tree bears bad fruit, nor again does a bad tree bear good fruit, for each tree is known by its own fruit. For figs are not gathered from thornbushes, nor are grapes picked from a bramble bush. The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.

Palms Trees

Luke 6:43-44a

For no good tree bears bad fruit, nor again does a bad tree bear good fruit, for each tree is known by its own fruit.

Why can't I change?

Luke 6:44b

For figs are not gathered from thornbushes, nor are grapes picked from a bramble bush.

What is inside of me?

Personal – I needed a change of heart

Ezekiel 11:19-20 (ESV)

And I will give them one heart, and a new spirit I will put within them. I will remove the heart of stone from their flesh and give them a heart of flesh, that they may walk in my statutes and keep my rules and obey them. And they shall be my people, and I will be their God.

2 Peter 1:3-4 (NIV)

His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires.

Luke 6:45

The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.

Your heart is revealed through your habits

CLARIFYING QUESTION: What are your habits?

Some of us have hearts that desire God's will, but our body hasn't gotten the memo yet

Romans 7:15,18 (ESV)

For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate... For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out.

Eating/working out – you must train (replenishment & resistance)

Vision

Abby

1 Timothy 4:8 (NIV)

For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come

We need new hearts (born again)

We need new habits to coincide with our new hearts (disciplines)

^ replenishment & resistance

2 Peter 1:5-8 (NIV)

For this very reason, make every effort to supplement your faith with virtue, and virtue with knowledge, and knowledge with self-control, and self-control with steadfastness, and steadfastness with godliness, and godliness with brotherly affection, and brotherly affection with love. For if these qualities are yours and are increasing, they keep you from being ineffective or unfruitful in the knowledge of our Lord Jesus Christ.